



International Mobility Learning Experience of Students & Trainees

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Physical / Environmental

Learning about a foreign urban / rural / natural environment, a society and local community, higher education institution, weather and climate, accommodation, infrastructures, daily provisions etc.



Personal

Learning new things, recognising old/new features about oneself and others on a personal level· Possibility for character and personality development, (re)defining one's own identity in relation to other people·



Organisational

Learning to work efficiently by oneself and/or together with others: planning, organising and coordinating activities related to international mobility and higher education such as finances, administration, reporting, evaluation etc.



Social

Exploring new social relations. Possibility to enlarge one's network, meet new people, make friends from different cultures and social backgrounds: students & trainees, teachers & supervisors, work colleagues, experts, administrative staff, locals etc.



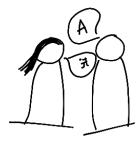
Cultural

Learning about different cultures, ways of life, food, drink, customs, beliefs, values etc. Possibility to acquire theoretical knowledge about cultures and gain practical intercultural competence.



Academic / Professional

Getting to know and comparing different ways of learning, studying, teaching and/or doing work across cultures and higher education institutions. Possibility to accomplish good/best practices for own academic and professional career and development at one's own institution.



Linguistic

Communicating in English and/or other languages in everyday and campus life. Possibility to learn a new language, or improve language skills by participating in learning activities and settings of the host culture and higher education institution or company.